

Vicky	Abraham	Bushfield Joggers
Richard	Adair	
Nathan	Addlesee	Lincoln & District Runners
David	Ainsworth	
Richard	Allen	Three Counties Running Club
Simon	Allsopp	
Claire	Ardron	
Matthew	Arliss	Cleethorpes AC
Jack	Ashton	Cleethorpes AC
Matthew	Atter	Grantham Running Club
Adrian	Atter	
Iain	Bailey	Sleaford Striders AC
Joanne	Baker	
Nick	Baker	
Matthew	Balderson	
Sarah	Baldock	
Sean	Barkes	Lincoln Wellington Athletic Club
Paul	Barley	Cleethorpes AC
Steven	Bates	
Robert	Bath	
Katie	Baxter	
Emma	Bayliss	
Alan	Bayliss	
Kate	Bayliss	
Gemma	Beadle	
Simon	Bell	RAF Athletics
Shaun	Bennett	
Steve	Bennington	
Matt	Bennison	
Kathryn	Berrisford	Bushfield Joggers
John	Berrisford	
Ian	Bielby	Lincoln and District
Lyssette	Bird	Sleaford Striders AC
Oliver	Birkinshaw	Sleaford Striders AC
Abigaille	Bishop	Bushfield Joggers
Liam	Blackett	Cleethorpes AC
Karen	Blake	Sleaford Striders AC
Gary	Bligh	Lonely Goat RC
Christopher	Bliss	Worksop Harriers
Kim	Boersma	
Mark	Boot	Long Eaton Running Club
Dave	Boot	Long Eaton Running Club
Lisa	Borley	Bushfield Joggers
Karen	Boulton	Hurricane Striders
Dean	Bower	
Peter	Boyd	Cheltenham and County Harriers
Gareth	Bradwell	
Lynn	Braham	
Val	Braybrooks	Halmer Harriers
Liam	Breen	
Sam	Briston	Nettleham Trotters Running Group
Sharon	Brooks	

Adam	Brooks	
Sian	Brown	Halmer Harriers
Marcus	Brown	Stamford Striders
Jason	Brunt	Norfolk Gazelles AC
Alan	Buckberry	
Darren	Buckingham	Cleethorpes AC
Sally	Bulmer	Worksop Harriers
David	Bulmer	Worksop Harriers
Natalie	Burns	Lincoln Wellington Athletic Club
Rebecca	Burrell	
John	Burton	
Sarah	Burton Heckington10	
Steve	Bush	
Russ	Bush	
Elinor	Butterfield	Cliff Village Runners
Simon	Carr	Stamford Striders
Mick	Casey	Wolds Veteran RC
Jack	Chapman	Lincoln & District Runners
Adrian	Chapman	
Tracie	Charles	
Bryan	Cherry	Worksop Harriers
Stuart	Cheslett	Fenland Running Club
Alex	Chevis	
JAMES	CHRISTIAN-ILETT	Lincoln & District Runners
Andrea	Clark	
Karl	Clark	Grantham Running Club
James	Clayton	Wolds Veteran RC
Kelvin	Clements	
Jayne	Clements	
Ian	Clements	Fordy Runs Running Club
Rebecca	Cole	Lincoln Wellington Athletic Club
Kirk	Conroy	
Oliver	Crampton	Newark AC
Peter	Crow	Louth AC
Ruth	Cullen	
Pauline	Dable	Kenilworth Runners
Thomas	Dable	Kenilworth Runners
Mike	Daniels	Bushfield Joggers
Paul	Davidson	Grantham AC
Janice	Davidson	Guide Runner
Paul	Davis	Grantham Running Club
Caroline	Davis	Grantham Running Club
Sarah	Davis	Rugby & Northampton AC
Tracy	Day	
Lydia	Day	
David	Denton	Deal Tri Club
Sarah-Jane	Desilva	
Adrian	Dix	Newark AC
Alice	Dobson	
Alec	Doughty	
Ruth	DOWLING	
Stephen	Dring	Cleethorpes AC

Emma	Duncan	Grantham Running Club
Stephen	Dunn	
Holly	Durham	Grantham Running Club
John	Eales	100 Marathon Club
Charlotte	Edwards	Bushfield Joggers
Sarah	Edwards	Team Derby Runner
SJ	Eggleton	
Mark	Ellis	Sleaford Striders AC
Gareth	Ellis	Lincoln Wellington Athletic Club
Paula	Ellwood	
Andrew	Ely	Cleethorpes AC
Callum	Ely	Cleethorpes AC
Stephen	Fay	Grantham Running Club
Fay	Fenwick	Wolds Veteran RC
David	Fines	
John	Flynn	
Dave	Foster	
Samantha	Fox	Skegness & District Running Club
David	French	
Steve	Froggatt	
Francesca	Froggatt	Long Eaton Running Club
Stephen	Garfoot	Sleaford Striders AC
Dan	Gelder	Cleethorpes AC
Richard	Gibbs	
Tracey	Gibson	Wolds Veteran RC
Alexandra	Gills	Halmer Harriers
KATY	GINN	Lincs Run Club
Abbey	Goodchild	
Richard	Goodley	March AC
Dawn	Goodley	Three Counties Running Club
JULIE	GOODWIN	Skegness & District Running Club
wayne	goodyear	
Brad	Greenwood	
Stuart	Gregory	
Andrew	Gristwood	Cleethorpes AC
Simon	Hamilton	
Simon	Hammerton	Cleethorpes AC
Tom	Hansen	Lincoln & District Runners
Anna	Harding	Grantham Running Club
Cath	Hare	Notfast RC
Daniel	Hargreaves	Cleethorpes AC
Nathan	Hart	Lincoln & District Runners
Nathan	Hasler	
Lauren	Hassall	
Brian	Hawkins	Skegness & District Running Club
Sam	Hewson	
Simon	Hill	
Phil	Hills	Scunthorpe & District Running Club
Stuart	Hodgkinson	Stamford Striders
Cameron	Hoggan	
Samantha	Holland	
Sally	Hollick	Sleaford Striders AC

Andrew	Hooker	Halmer Harriers
Brian	Hostad	Wolds Veteran RC
Angela	Hudson	Cleethorpes AC
Kathryn	Huggett	
Oliver	Hughes	
Dawn	Hunt	Run Mummy Run CRC
Joe	Hunt	
James	Hutson	Cleethorpes AC
Martha	Ions	
Liam	Ions	
Patricia	Jackman	Lincoln & District Runners
Hannah	Jackson	Newark Striders Running Club
Jacqueline	Jackson	Newark Striders Running Club
Mark	Jackson	Newark Striders Running Club
Daniel	James	Cleethorpes AC
Troi	Jaquet	Sleaford Striders AC
Tim	Jarvis	
Phoebe	Jenkins	
Martin	Jennings	Fenland Running Club
Claire	Jennings	
Simon	Jennison	
Joaquim	Jeronimo	Grantham Running Club
Liz	Johnson	
Ruth	Jones	Helpston Harriers AC
Brian	Kearsey	Stamford Striders
Jason	Keenan	
Rick	Kelk	Cleethorpes AC
Megan	Kern	
Richard	Kerry	Erewash Valley RC
Marc	Kinch	Long Eaton Running Club
Darren	King	Guide Runner
Neil	Lakin	Stamford Striders
Harry	Lamb	
Catherine	Lambden	
Matthew	Larkin	Halton & Frodsham AC
Sarah	Lea	
Nick	Lee	
DEON	LEGGAT	Cleethorpes AC
Mark	leggott	
Kate	Leneghan	
Dave	Lewis	Lincoln & District Runners
Patrick	Liddell	Lincoln Wellington Athletic Club
Barry	Lincoln	Sleaford Town Runners
James	Lloyd	
Lucy	Londregan	
Josephine	Longmire	
Kyle James	Love	
Cliff	Maddison	
Kirsty	Malone	
Nigel	Marlow	Fenland Running Club
Nicholas	Marsh	Lincoln Wellington Athletic Club
Jane	Martin	Skegness & District Running Club

Chris	Mason	Cleethorpes AC
Sian	Matthews	
Mark	Mattless	Lonely Goat RC
Thomas	McClure	
Eamonn	McCusker	Ryston Runners
James	McMullen	Grantham Running Club
Vince	McNiffe	Sleaford Striders AC
Keely	McNiffe	
Ben	McNiffe	
Caroline	Midgley	
Melissa	Milham	Fenland Running Club
Kathleen	Miller	
Paul	Miller	
James	Mills	
Amy	Mitchel	Skegness & District Running Club
Nigel	Morrison	Wolds Veteran RC
Luanne	Morton	Grantham Running Club
Simon	Moss	
Lee	Mullen	Skegness & District Running Club
Matthew	Nicholson	
Caroline	Nickols	Sleaford Striders AC
Victoria	Olik	Bushfield Joggers
Adrian	Olik	
Ellena	Olik	Bushfield Joggers
Alan	Oliver	Sleaford Striders AC
Sharon	Ombler	Scunthorpe & District Running Club
Kevin	Parker-Garrick	Sleaford Striders AC
Sylvia	Parkinson	Lincoln Wellington Athletic Club
Nicola	Parrott	Bushfield Joggers
Richard	Patrick	
Catherine	Payne	Grantham Running Club
Rebecca	Pearce	
Daniel	Pearce	Grantham Running Club
Jayne	Pell	Halmer Harriers
Nicola	Photiou	Erewash Valley RC
Darren	Pick	Lincoln & District Runners
Martyn	Pickworth	Sleaford Striders AC
Amanda	Pickworth	Sleaford Striders AC
Gavin	Potter	Grantham Running Club
Graham	Potter	
ednund	preston	Sleaford Striders AC
Andrew	Preston	Sleaford Striders AC
Graham	Prior	
Philip	Prowse	Skegness & District Running Club
Emily	Purbrick	
Matthew	Purbrick	
Robert	Rawdon	Skegness & District Running Club
John	Raynor	Cliff Village Runners
Kayley	Reading	
Paul	Reed	
Tom	Richards	Fenland Running Club
Jac	Richards	Fenland Running Club

vaughan	roberts	
Steven	Roberts	Boston Triathlon Club
Elektra	Roberts	
Jason	Robinson	Lincoln & District Runners
David	Rollings	Lincoln & District Runners
Ian	Ruddock	
Mark	Sands	Skegness & District Running Club
Paul	Saunders	Sleaford Striders AC
Nathan	Saw	
Bethany	Seabrook	
Elisabeth	Sennitt Clough	Three Countries RC
Alex	Shaw	Stamford Striders
Mathew	Sirett	Louth AC
Michael	Skelton	Cleethorpes AC
Mark	Slater	Sleaford Striders AC
Sara-Jayne	Slater	
Debbie	Smith	Sleaford Striders AC
Sarah	Smith	Skegness & District Running Club
Joanne Heidi	Smith	Lonely Goat RC
Paul	Snowden	Louth AC
Destiny	Southern	
Marjorie	Spendlow	Grantham Running Club
Chris	Squire	
Christopher	Stapleton	Bushfield Joggers
sallyann	steadman	
Andrew	Stevens	Sleaford Striders AC
Jeanette	Stevens	Notfast RC
Steven	Stock	
Ian	Stones	
Abigail	Street	
John	Strode	Skegness Coasters
Susan	Strode	Skegness Coasters
Sam	Sugars	
Kate	Sutherland	
Neil	Sutherland	
Chris	Sutton	Lincoln & District Runners
Anna	Sworder	
Andrew	Tattersall	
Andrew	Taylor	Stamford Striders
Christopher	Taylor	Cleethorpes AC
Sarah	Teal	Grantham Running Club
Amanda	Teesdale	
Steve	Thomas	Erewash Valley RC
Shawn	Thomas	Skegness & District Running Club
Sarah	Thomas	Skegness & District Running Club
Katie	Thomas	
ANGELA	Thompson	Skegness & District Running Club
Les	Thompson	
Katherine	Thompson	Grantham Running Club
Charlie	Thornton	Lincoln Wellington Athletic Club
Mark	Toms	Grantham Running Club
Eve	Townsend	Hurricane Striders

Nicholas	Turner	
Mary	Turner	
Fiona	Usher	Lincoln & District Runners
Jenny	Vangemeren	
Katie	Vargeson	Three Counties Running Club
Tom	Von den Busch	
Martin	Waite	Newark Striders Running Club
Emma	Wakelin	
Clare	Wakeman	Caistor Running Club
Mandy	Walker	Bushfield Joggers
Claire	Wallace	
Kevin	Wallace	Grantham Running Club
Jayne	Wallis	
Maeve	Walsh	
Bernie	Walsh	
Elsie	Walsh	
John	Walshe	Road Runners Club
Andrea	Ward	Grantham Running Club
Phillip	Weaver	
Cliff	Webb	Sleaford Striders AC
Allison	Webb	Sleaford Striders AC
Bruce	Webster	
Simon	Weston	
Claire	Wheat	Lincoln Wellington Athletic Club
Fiona	White	Sleaford Striders AC
Sarah	Whitehead	Cliff Village Runners
Hannah	Whittaker	Grantham Running Club
Russel	Whittaker	Grantham Running Club
Paul	Wilbraham	
Ron	Wild	Cliff Village Runners
Clare	Williams	Cleethorpes AC
Gareth	Williams	Stamford Striders
Sarah	Williams	
Matthew	Williamson	
James Charles	Willis	Skegness & District Running Club
FRANCES	WILSON	Notfast RC
Jemima	Wong	
Adrian	Woollas	
Zoe	Wragg	Grantham Running Club
David	Young	